

# JANUARY 2025

Monday	Tuesday	Wednesday	Thursday	Friday
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**\*Denotes Vegetarian option.**  
**Deli bar is another option daily.**  
**Fresh fruit and salad bar served daily. (1-12)**  
**ES-K Daily sandwich option: Ham, Turkey, or Cheese.**  
**Side items are included in the daily lunch.**



<b>A Day</b> 6 Chicken Patty or Broccoli Quiche*	<b>B Day</b> 7 Turkey Stacker or Meatball Sub	<b>C Day</b> 8 Cheese Pizza* or Turkey Bacon Wrap	<b>D Day</b> 9 Creamy Chicken Alfredo w/ Broccoli or Grilled Cheese & Tomato Soup*	<b>E Day</b> 10 Walking Taco w/ Beef or Bean* And Assorted Toppings Ice-cream
<b>F Day</b> 13 Prairie Mc Muffin* or Brat on a bun	<b>A Day</b> 14 Pizza Dippers* or Hot Ham on a Pretzel Bun	<b>B Day</b> 15 Mac & Cheese* or Hot Italian Sub on a Ciabatta	<b>C Day</b> 16 Chicken Mashed Potato Bowl or Vegetable Croissant*	<b>D Day</b> 17 Inside Cookout Hot Dog All Beef Burger Black Bean Burger*
	<b>E Day</b> 21 French Toast* w/ Chicken Sausage or Sloppy Joe	<b>F Day</b> 22 Chicken BBQ Ranch Flat Bread or Roast Beef on a bun	<b>A Day</b> 23 Spaghetti Choice of Sauces Marinara* Meat or Alfredo*	<b>B Day</b> 24 Walking Taco w/ Beef or Bean* And Assorted Topping Ice-cream
<b>C Day</b> 27 BBQ Pork on a Bun or Loaded Baked Potato*	<b>D Day</b> 28 Teriyaki Chicken w/ Brown Rice or Stir Fried Vegetable*	<b>E Day</b> 29 Chicken Nuggets or Vegetable Wrap*	<b>F Day</b> 30 Pizza Panini or Penne Rosa*	<b>A Day</b> 31 Inside Cookout Hot Dog All Beef Burger Black Bean Burger*